



A Cup of Groove freestyle dance

Are you the person who sings into your hair brush, has dance moves to all the lyrics and slides around the floor in your socks? Come join us!

It's as much about moving your mojo as it is moving your body.

- A space to express yourself
- Feel energized
- Nourish your self esteem
- Laugh (and how!)

No previous dance experience is required and everyone is welcome!

Bring along: your summer vibes, a drink bottle, comfy clothes and a towel or rubber mat as there are some floor activities.

A Summer Crafter-noon hosted by A Cup of Sugar

Come feed your brain some creative juices while enjoying views of Warrnambool's beautiful foreshore! Create projects that you will be mega proud to take home while catching up with other Crafters too! All materials are included in the price with a great variety of activities for Ladies and Gents of all ages.

What to wear: casual clothes; there won't be anything too messy but be aware there will be art and craft materials present so dress accordingly.

Beach Soccer

Come and try beach soccer and be guided by expert players

Become an UNREAL author!

Look at the differences between one of Paul Jennings' short stories and a Round the Twist episode and then try your hand at writing a script or a story yourself!

Beginner Surf Lessons

Beginner surf lessons with all equipment supplied. You'll be up and surfing in no time.

Big Beach Bash (Beach Cricket)

Get your team together for the Big Beach Bash – all equipment supplied you just supply the classic catches!

Boredom Busters

Boredom Busters! This summer we have fun and exciting activities to keep you from being bored: grab an awesome craft kit, come and play a dynamic board game or amaze us with your dazzling art skills. You choose the activity, you choose the time. Ages 3 to adult.

Bug Screen Printing

A fun activity to compliment your little eco enthusiast adventure around Lake Pertobe. Children are invited to create an affirmative banner celebrating the little things in our environment. Participants will learn how to screen print their banner and decorate with mini beasts. Note: Paint may stain. Wear old clothes.

Come n Try Sessions

A fun interactive introduction session to various sports and activities. Learn new skills, have fun and make new friends. Sessions will be led by experienced facilitators.

Crate Expectations

Made from vintage packing crates and bursting with sound and light, this unexpected cabinet of curiosities was a highlight of 2017 White Night Ballarat. Find this roaming robotic sculpture around the foreshore and hidden laneways of Warrnambool.

Defy Fitness Coastal Ramble

Our Coastal Ramble is a fun and easy paced walk, exploring our magnificent coastline around Thunder Point, with some rock pool exploring at Shelley Beach and meandering around Pickering Point. There will be plenty of rest stops to explore, scramble around rocks, collect sea shells and enjoy our morning tea.

Note: Kids are required to bring their own back pack and a full water bottle. We will provide morning tea, which kids will be required to carry in their own backpacks.

Defy Fitness Rail Trail Ride

Explore our Rail Trail with a casual ride from the Warrnambool foreshore to Levys beach and return, with a few rest and snack stops along the way. Total cycling distance is approx. 12kms, with leisurely stops along the way, and plenty of time to play and explore around Levys beach. Duration: 2.5 hours

Note: Please check your child's bike, particularly brakes and tyres, and also check that bike helmets fit securely. Participants are required to bring their own back pack and a full water bottle.

Defy Fitness River Mouth Ride

Explore our beautiful Promenade with a casual bike ride from the Pavilion at the breakwater to the Hopkins River mouth. We'll have a rest stop along the way, and once we get to the Hopkins River we'll leave our bikes to do some exploring around the river mouth and Logans Beach. We will return to the Pavilion via the same route. The ride will cover approximately 10kms in total.

Note: Please check your child's bike, particularly brakes and tyres, and also check that bike helmets fit securely. Participants are required to bring their own back pack and a full water bottle

DJ Summer Sessions on the Deck Fishing vessels

Following the recent nurdle spill on our coastline, Artist Megan Nicolson began weaving the large amounts of fishing rope she had been collecting into colourful baskets. Join Megan in this fun one day workshop where students will recycle fishing rope harvested from our shores into fun and colourful vessels.

Participants will learn simple techniques required to weave their own small basket to take home.

Guru Dudu's Silent Disco Walking Tours

Listen into Guru Dudu's hilarious commentary and uplifting dance tracks from 70s, 80s and 90s and 00's. Lots of spontaneous flash mobs, interpretative dancing around local landmarks and fun singing out loud. Bring your sense of humour and dancing shoes. Warning: your cheeks may hurt from smiling!

Lake Pertobe Discovery Guided Walk

The Lake Pertobe Discovery Guided Walk is a great opportunity to experience a local perspective of the Lake Pertobe Wildlife Reserve's native flora, fauna and history. The walk is 2.5 km along mostly formed tracks.

Netball Victoria Beach Netball

If you love the sun, sand and surf you'll also love beach netball. Join us on the beach for a fun, social game of beach netball.

New Year's Eve on the Hill

New Year's Eve at Flagstaff Hill will be the best place in Warrnambool to spend the evening. For a fun, safe, family friendly event, look no further! Flagstaff Hill is the perfect location to set up a picnic on the green, listen to live music, enjoy loads of family entertainment, while soaking up the great atmosphere before heading to the top of the hill for the best view of the Breakwater fireworks at 9.30pm. The Steam Packet Inn will be open to purchase alcohol & soft drinks, there will be various food vendors onsite, Children's activities, live music, cannon firing & much more!

NGV Kids on Tour

Do you like to play make believe? Close your eyes and imagine – transform into a creature, fly through the sky, or travel through infinite worlds. Your creativity can take you anywhere with NGV Kids on Tour 2019. Entering its sixth year, NGV Kids on Tour is a National Gallery of Victoria initiative celebrating major summer exhibitions Julian Opie, William Wegman: Being Human, and Escher x nendo. Children throughout Victoria have the opportunity to engage with art through a range of free hands-on activities and workshops. Inspired by three imaginative exhibitions, participating children will experience creative new ways to Make Believe.

Obstacool

Climb, run, jump, bounce and crawl your way through a giant inflatable obstacle course. Suitable for ages 4-16 years. Each session lasts 45mins starting every hour from 10am to 3pm. Come dressed for fun possibly a little dirty!

Pop Up Promenade Art

Working with views from the foreshore promenade, local artists, Caroline Healey, Shari Nyes, Ricky Schembri, Jimmy Buscombe, Megan Nicolson and Ella Webb will take up residence creating a range of works on site and will introduce you to the techniques of their crafts – you will be able to create and take home your very own masterpiece!

Rhyme Time

Come along to Rhyme Time ready to wiggle your fingers, clap your hands and have a fun time. Ages 4 months to 3 years.

Rockpool Ramble

What curious creatures make the rockpools their home? Discover the amazing diversity in our inter-tidal zone. What has the sea washed up today? Make some amazing discoveries on a leisurely walk along the beach.

Sand Sculpting Workshops

Professional sand sculptors will teach you the secrets of this amazing art form in this drop in workshop.

Seaside Escape- holiday sensory activities hosted by A Cup of Sugar:

It doesn't matter what age we are, there are so many wonderful moments that surround us everyday and we don't even realise it!

Let's take full advantage of a summer by the sea and get our senses stuck into some activities that will make us smile, feel refreshed and appreciate just how wonderful the world around us can be!

What to wear: casual clothes; there won't be anything too messy but be aware there maybe some outdoor time and materials such as sand and water so dress accordingly.

SingStar Karaoke

Come down to Lake Pertobe, turn your smart phone into a microphone and sing your heart out karaoke style. A giant screen will feature the words of your favourite songs – fun for all ages!

Snags on the Sand

Have a snag on the sand whilst you are enjoying one of our many beach activities!

Snorkelling with Daktari Surf n Dive

Discover the underwater world around stingray bay – suitable for beginners to experienced divers.

Story Time

Books, stories & songs specially selected for 3-6 year olds read by experienced, enthusiastic library staff followed by a simple craft activity.

Story Time on the Green

In the first week of January we take story time to the Green with Bubbleology! Ages 3 to 6. Bad weather? No problem – head back into the Library

Summer Night Markets

Lake Pertobe comes alive on Friday evenings with a unique evening of shopping and dining experience. A vast array of stalls, delectable food and free live music combine to create a great night out.

Summer Sew by Sewing Station Warrnambool

A temporary (pop up) sewing station where sewing machines and recycled fabric will be available for you to make a beach bag, swim bag, shopping bag or a denim jean bag. The team from Sewing Station Warrnambool will be on board to help first time and experienced sewers. Sewing Station Warrnambool aims to inspire and educate the community to CLOSE THE LOOP in our use of textiles.

SurfGroms with GO SURF

SurfGroms teaches children from 5-12 years old core skills in the ocean across five incremental skill levels, as well as fundamental Ocean Awareness and Beach Safety skills such as surf survival and rescue techniques; basic first aid skills; and about varying surf conditions at the beach. Limited spots so book early. You'll also receive a cool SurfGroms pack including Rip Curl backpack, Rip Curl surf towel and SurfGroms rashvest.

The Fisherman and the Theefyspray

Listen to the wonderful story of The Fisherman and the Theefyspray and then create your very own imaginary creature.

The Gizmo!

Learn about one of Jennings' most well-known characters – The Gizmo! Listen to part of the story, enjoy some of the artworks from the books and then decorate your very own Gizmo to take away!

The Skeleton in the Dunny

Listen to the story and watch the Round the Twist episode! Then create a mask using scratch paper.

Tunes in the Dunes with the Cheese Brothers

Exploring Afro and world beat, hip hop, summer classics and other music from across the globe.

Twilight Movies in the Park

Stroll down to Warrnambool's twilight cinema at Lake Pertobe and enjoy a movie beneath the stars. All movies start at 8pm. \$2 per person, light refreshments available.

Warrnambool Street Art Walks

Lead by local artist Claire Norman, Warrnambool Street Art Walks is a 60-70 minute wheelchair friendly, leisurely walk, introducing the laneway and street art of the CBD.

Who's a Rascal?

Enjoy a Rascal story and then create your own dragon from air-drying modelling clay!

Windsock Jellyfish

Windsocks can be used to check fishing or surfing conditions are ideal. They are also a fun way to brighten up your campsite or home. In this simple activity participants will learn how to make a cute and fun windsock jellyfish to take home.

Yoga Classes

Join the revolution of wellness with a yoga class.